

## Carly Patterson NEW Topic and Description

### From Best to Better

What does it take to reach the pinnacle of success? Then, what does it take to get better? Not only will you learn practical insights from Olympic Gold medal gymnast, Carly Patterson, you will be drawn into a story of resilience, winning in a competitive environment and enjoying the journey along the way. Carly went on to apply the same drive and determination that took her to the highest podium to becoming a recording artist, entrepreneur and mom. Her speech, *From Best to Better*, is a moving experience of excellence, reinvention and peace of mind.